



Department of Biotechnology

Innovative Teaching Learning (Pedagogy) Report

Name of the Faculty	Dr. Nawneet Kurrey
Class	VI Semester 3 rd year
Courses Taught	Basics of Human Nutrition, General Course
Academic year	2024-2025
Title of Pedagogy	Experiential Learning, Peer Interaction, Multimodal & Visual-Aided Teaching, Project-Based Learning
Objective	To enable students to understand and apply foundational concepts of human nutrition through experiential learning, real-life dietary simulations, peer collaboration, and critical thinking—making nutrition science relatable, practical, and engaging.
Methodology	<ul style="list-style-type: none"> • Experiential Learning: I included diet planning and calculations in class. • Discussion-Based and Socratic Method: Evidence: Regular open-ended discussions and student interactions. • Visual & Multimodal Learning: Evidence: I used of PowerPoint presentations with visuals, diagrams, organelle graphics, and energy flow charts (e.g., from the metabolism presentations). • Project-Based Learning (PBL) Evidence: I included poster presentations and projects made sure that there are real world examples included. • Storytelling and Real-World Integration Evidence: I often connect concepts to everyday scenarios (e.g., hot coffee for thermal energy, glucose metabolism during exercise).
Outcome	<ul style="list-style-type: none"> • Helps students internalize nutritional science by applying it to <i>real-life meal plans</i> and <i>personal health contexts</i>. • Develops critical thinking and allows students to relate theoretical nutrition concepts (like DRIs, metabolism, macronutrients) to daily life. • Enhances conceptual understanding, especially in topics like glycolysis, anabolism/catabolism, and nutrient pathways. • Encourages <i>collaboration</i> and <i>creativity</i>, and deepens understanding of complex topics like nutrient metabolism or food labels. • Makes abstract nutrition science <i>relatable and memorable</i> for students.
Glimpses	