



INNOVATIVE TEACHING-LEARNING (PEDAGOGY) REPORT

Title of the Activity	Jumping Concepts – An Interactive Kinesthetic Learning Approach						
Subject	FT308E: Post-Harvest Technology						
Department	Food Technology						
Academic Year	2024-25						
Name of the Faculty	Prasanna Prakash Bhalerao						
Objective(s)	<ol style="list-style-type: none"> To promote active learning through movement and collaboration. To improve understanding and retention of key concepts in post-harvest technology. To create an engaging and inclusive classroom environment. 						
Course Outcomes Addressed	<ul style="list-style-type: none"> ✓ CO1: Understand principles of post-harvest technology. ✓ CO2: Identify and describe preservation methods. ✓ CO3: Analyze post-harvest losses and suggest solutions. ✓ CO4: Apply techniques to enhance food quality and shelf life. 						
Materials/Resources Required	<ul style="list-style-type: none"> ✓ Flashcards (terms and definitions) Open classroom or corridor space ✓ Timer or buzzer (optional) 						
Brief Description of the Activity	<ul style="list-style-type: none"> ✓ Students are divided into small groups. ✓ Flashcards with post-harvest terms are scattered in an open area. ✓ Instructor reads definitions, and students jump to find the correct term. ✓ Students explain the term to their group after retrieval. 						
Learning Outcome	<ul style="list-style-type: none"> ✓ Improved memory and understanding of post-harvest concepts. ✓ Enhanced peer learning through explanation and teamwork. ✓ Greater participation and engagement. 						
Glimpses	<table border="1"> <tr> <td> <p>Blanching</p> <p>A mild heat treatment to inactivate enzymes before freezing or drying.</p> </td> <td> <p>Cold Storage</p> <p>Refrigerated storage used to slow down the deterioration of perishable produce.</p> </td> </tr> <tr> <td> <p>Chilling Injury</p> <p>Physiological damage caused by exposure of tropical fruits to low (but non-freezing)</p> </td> <td> <p>Climacteric Fruit</p> <p>Fruits that show a rise in respiration and ethylene production during ripening (e.g., banana, mango)</p> </td> </tr> <tr> <td> <p>Controlled Atmosphere Storage (CA)</p> <p>Storage technique that modifies O₂ and CO₂ levels to extend shelf life</p> </td> <td> <p>Enzymatic Browning</p> <p>Discoloration caused by the action of polyphenol oxidase on phenolic compounds in fruits/vegetables</p> </td> </tr> </table>	<p>Blanching</p> <p>A mild heat treatment to inactivate enzymes before freezing or drying.</p>	<p>Cold Storage</p> <p>Refrigerated storage used to slow down the deterioration of perishable produce.</p>	<p>Chilling Injury</p> <p>Physiological damage caused by exposure of tropical fruits to low (but non-freezing)</p>	<p>Climacteric Fruit</p> <p>Fruits that show a rise in respiration and ethylene production during ripening (e.g., banana, mango)</p>	<p>Controlled Atmosphere Storage (CA)</p> <p>Storage technique that modifies O₂ and CO₂ levels to extend shelf life</p>	<p>Enzymatic Browning</p> <p>Discoloration caused by the action of polyphenol oxidase on phenolic compounds in fruits/vegetables</p>
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